

Recovery X

Building Community through Fitness and changing the game for Addiction Recovery in Springfield, Ohio.

We believe in Springfield and the people in it and our passion and mission is to serve the community by providing a positive and holistically healthy outlet for people recovering from drug and alcohol misuse.

Our aim is to create a Sober Gym where we provide a safe, positive, and encouraging environment for those working through their recovery and can be surrounded by others like themselves, and coaches who care. Through exercise, nutrition, creative outlets, and community we provide a unique support system to those in addiction recovery.

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recoveryxinc@gmail.com

<https://recoveryxinc.wordpress.com/>

McKinley Hall Inc.
2624 Lexington
Springfield, Ohio 45505

Hours of operation: 8am-5pm
Phone: 937 328-5300
Web: Mckinleyhall.org

We are a non-profit organization servicing men and women 18 years and older for Substance abuse disorder.

We accept Medicaid and private insurance.

The initial assessment is to identify client needs for substance abuse and coexisting mental health disorders. Assessments are conducted Monday-Thursday with the intake process starting at 10am.

The following are services we offer men who are seeking substance abuse treatment.

Men's program

- Programs offered:
- Residential treatment a 28-day program
- PHP is a step down, to 20 hours a week.
- Intensive Outpatient is an intensive program.
- based on individual needs, such as morning hours 9am -12pm Monday, Wednesday, and Friday. And evening Monday, Tuesday, and Thursday.
- The outpatient is less intensive and is a lower level of care, The days and hours are Monday and Tuesday 9am-12pm.
- Aftercare is once a week from 9-10:30am.
- We also have a criminal Justice program.
- Intensive Outpatient Tuesday, Wednesday, and Friday morning hours 9am-12pm, evening hours is 5-8pm.
- Aftercare is Wednesday morning hours 9-10:30, and evening hours 5-6:30.

In addition, we offer Recovery housing. We have 3 houses within the community and 2 other houses we contract with.

Women program

Program offers:

Level 2 housing

PHP services Monday-Friday 9-1pm.

Intensive outpatient 9-12pm

Outpatient

Aftercare

We have HER house which offers women 90 days of in-house care, and 3 Recovery houses in the community.

Peer Support Specialists who provide supportive services to individuals in early recovery and offer individuals in the community hope.

We have a **syringe Exchange Program** which we work in collaboration with the Combined Health Clinic. We offer free needle exchange. Those individuals bring in their old needles exchange of a clean needles. We have two locations for them to access them.

Southern Village
Monday 5-8pm
Thursday 3-7pm

Springfield Soup Kitchen
Wednesdays 1-4pm

Project Dawn (Death Avoided with Naloxone)

The program goes to high-risk areas to provide training and kits are handed out to at risk individuals as well as those family and friends who have love ones that are at risk for overdosing.

We work in collaboration with the Springfield Police and Springfield Regional Medical Center to address overdoses in Clark County.

McKinley Hall partners with the Clark County Substance Abuse Prevention, Treatment and Supports coalition to many initiatives. One of the initiatives is drug disposal bags with peer support specialist assist with distributing the bags within the community.

Peer support Specialist

Jail services

Mercy Health — REACH services for outpatient alcohol, drug, tobacco treatment

When you're struggling with substance abuse, you need a place where people understand your challenges. Mercy Health — REACH Services is that place.

Our professionals provide caring treatment and work with adults and adolescents to help you recover and rebuild your life.

Most major insurance accepted, Medicaid, Medicare, sliding fee scale and free services if eligible.

Our treatment also includes:

- Clinical assessment
- individual and group sessions
- Medication Assisted Treatment (MAT)
- Intensive Outpatient Program (IOP)
- Smoking Cessation Programs, adults, youth, pregnancy
- Case management/Navigator assistance
- Community educational programs
- Peer Support
- Anger management

No referral is needed. Mon – Thursday 8:00 am – 7:00 pm Friday 8 – 5:00

Springfield Office: 937-390-5338 Mercy Crest Medical Bld, suite 204

Urbana Office: 937-653-3001 Urbana Hospital